

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

October 2014

A close-up photograph of a cluster of small, light-colored mushrooms with yellowish-orange caps and stems, growing on a lush green mossy forest floor. The mushrooms are of various sizes and are scattered across the frame, with some in sharp focus and others blurred in the background. The background is a dark, dense forest with green foliage.

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Autumn is in the air and summer is fading into pleasant memories. We have settled back in to our routines with school runs, work schedules, projects, etc.; happily, October half term is on the horizon.

Alan and Rachel Bently from Tutor Doctor extol the virtues of stealth learning while on a family walk (page 18) by getting the kids to do the route planning.

Haworth gears up for its second Steampunk extravaganza (Save the dates Nov. 21st-23rd) and we try to answer the question, "What on earth is Steampunk?"

October marks the 20th anniversary of the Fairtrade mark...Keighley and district celebrate the milestone and reflect on this important consumer led social movement. As always, have a great month.



Liz Barker, editor @LocalGlobalGirl

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## COUNTRY COOKING & FORAGING FOR FOOD

For the promotion of Health & Wellbeing by Cath Bromwich



I have moved on from syrups to sorbets now, making delights like blackberry and elderflower sorbet, using the elderflower syrup with raw, blackberry

puree. So good! In fact I will remember this summer for the beautiful flavor of blackberries and the copious crops available to us.

I keep dashing out to 'nature's larder' to gather further supplies. My kitchen is chaos as I try and juggle 'real work' with so many projects. I went out last Sunday and found a place with such prolific quantities of good quality fruit that I had filled a carrier bag within an hour and still left plenty! I got kilos of crab apples, vast quantities of sloes, elderberries and other bits like hawthorn and blackberries. Yum, yum I hear you say, but what have I done with them? I am still working my way through a plethora of concoctions: elderberry cordial being a new love. What to do with the sloes? I do like sloe gin and make Christmas chocolates out of the resulting alcohol-pickled berries, but truly there is only so much I can drink! After trying a friends' successful sloe vodka I am making a little, however actually I have decided to break new sloe ground. I am making both a sloe and crabapple jelly and leather.

Sloes are basically very small, tart, plums. So the aroma wafting through my home is delightful as I attack the sloe and crabapple pulp for the leather with my new 'mouli' or heavy duty mangle/sieve. It makes short work of sloe stones! Fruit leather is basically that fruity string stuff that kids are sent to school with in their packed lunches. You make an almost solid fruit pulp by stewing the fruit, add sugar to taste and then dry or bake thin layers of it on a very low heat for hours (I know this version will need more sugar than many). The result can be so tasty that you can hardly call it a form of preserving!

I have struggled to get a low enough heat to allow it to dry out without burning. Having an Aga apparently is a great advantage here. You can also use a dehydrator available on the internet. If I can't make it work this time then I'm getting one, I'm not going to risk wasting what promises to be so delicious!

Cath Bromwich, a Silsden resident, is a cookery teacher and forager. Her livelihood includes foraging and cookery courses; such cooking on a budget and outdoor foraging and cooking experiences. She trained at Ballemaloe Cookery School, Ireland. For more information, or to pass on your stories and recipes, contact Cath at [www.facebook.com/foragercathyorkshire](http://www.facebook.com/foragercathyorkshire)

### Fruit leather

The recipe is very general because you can use any fruit and any amount although I would say between 1-2Kg is a good amount. Below is what I do.



There are lots of different recipes. I have found Alys Fowler's information most useful. Wash any fruit you want to use (you can use up overripe fruit).

Remember that different fruits will cook at different rates so either cook hard fruit for longer or roughly chop up bigger and harder fruits. I put my crabapples, whole, through the food processor. Stew with a little water until all your fruit is cooked and soft. Put through a mouli or squash through a sturdy sieve. There is no gain without a little pain! This is not a job for the undetermined! Taste your pulp and then add enough sugar to make it nice. Apparently you can use apple juice or other sweeteners for fruit that does not need a lot more sweet added. Then spread a thin layer of the puree out on baking parchment on a baking tray and 'cook' in the oven at a very low setting. Apparently some leave the door open...the drying process takes between 4-8 hours if spread really thin but can take longer. It's hard to be exact but I think it's worth giving it a go. Your kids will be pleased! Dust with icing sugar and keep in a tin for as long as it lasts. I am still learning but have the determination necessary.



## Blithe Spirits

**If you talk to anyone that's involved with theatre, the topic of conversation will eventually turn to noises off stage, lights that flicker and apparitional sightings. As someone famously once said, "All the world's a stage and every stage has its ghost" – or something very similar. The Keighley Playhouse is no exception.**

This elegant and lovely traditional 200-seater theatre, which is now in its 67th season, has a resident ghost that can be seen wandering backstage through the warren-like corridors from the costume to the props department. Some members of The Keighley Playhouse have vowed never to walk these passages alone, in fear of sensing a presence after a few people experienced a closing in and

surrounding by some entity. Sightings have been purported to have taken place on the stage during rehearsals and sparked mysterious vignettes.

Traditionally, theatres have a Ghost Light; a light which is never switched off. The purpose of this is to assist the first and last person into and out of the theatre. According to age-old beliefs, the light is protection from the spirits, because if the theatre ever went completely dark, lonely and resentful ghosts would soon realise everyone had left the premises and consequently the ghosts would proceed to cause disruption or mischief.

Mischief night is the evening before Halloween when the curtains between the two worlds are supposedly thinner. It's a time when the spiritual and material worlds collide for a brief



Photo by Jane Katherine Harris

moment during the year and there is a greater potential for experiencing 'the other side.'

People who have seen the Keighley

Playhouse apparition have come to know the ghost as 'George' but when a local paranormal society undertook investigations using highly-sensitive and sophisticated equipment they found his name to be 'Albert', with an exceptionally strong presence around the ladies dressing room. Could The Keighley Playhouse have more than one ghost?

The Keighley Playhouse is throwing open its doors and holding an Open Evening Tuesday 4th November from 8pm and again on Friday 7th November, so why not take the opportunity to come along and see for yourself behind the scenes, a backstage tour through the wardrobe and props departments. The bar will be open to serve refreshments and perhaps more than one spirit may be present.

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As kids start to hollow out the pumpkin to make the spookiest-looking lantern, our chef, Jason Wardill has created this delicious seasonal soup, using the fruit of their labours, which is both warming and tasty for after all that Trick and Treating. Follow four easy steps to make this hearty soup for the whole family - with a big pinch of spice, it's sure to add a little warmth to the coldest autumn nights.

If you like this recipe we have lots of original recipes to pick up for free in the shop, giving you all you need for a whole range of great-tasting, affordable ideas using our great seasonal produce.



### METHOD

- 1 Heat oil in a large saucepan over medium heat. Add onion and garlic. Cook for 5 minutes or until onion has softened.
- 2 Add curry powder. Cook for 1 minute or until fragrant. Add pumpkin. Stir to coat.
- 3 Add the chickpeas, stock and 250ml cold water to pan. Bring to the boil. Reduce heat to low.
- 4 Simmer, partially covered, for 30 minutes or until pumpkin is very tender and then blitz.
- 6 Top with yoghurt and coriander. Serve.

### Ingredients - Serves 4

- 1 tablespoon olive oil
- 250g brown onion, chopped
- 2 garlic cloves, crushed
- 2 teaspoons curry powder
- 1.75kg butternut pumpkin, peeled, cut into 15cm pieces
- 400g can chickpeas, drained, rinsed
- 2pts vegetable stock
- Plain Greek-style yoghurt and fresh coriander sprigs, to serve (Optional)



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# WHAT ON EARTH IS STEAMPUNK?

**Steampunk is a neo-Victorian science fiction fantasy contrivance. It is out of this world! Most aficionados would say it is a movement that incorporates varied interpretations from a host of artisans, authors, designers, performers, musicians and costumiers.**

Films with steampunk themes include Hugo, The Golden Compass, The League Of Extraordinary Gentlemen and Wild Wild West. More recent nods to steampunk are the credits titles for Game Of Thrones and the latest DR Who; both of which have a mechanical/clockwork imaginary..

The phrase steampunk was first coined in the 1980's by the author K.W Jeter to explain the genre of stories written by him. It is often associated with cyberpunk sharing a similar fanbase and theme of rebellion. Since then Steampunk has

developed into much more than a small offshoot of science fiction literature. More recently there has risen a whole separate culture that considers itself steampunk in nature consisting of men and women who enjoy the formalities and dress of the Victorian era as well as the imaginative gadgetry of steam. These followers gather at conventions, balls and expos to show off their finery and discuss all things related to the genre.

The principal thing to remember is that there are no set rules. Steampunk therefore is so anachronistic it can't even settle on a standard for itself. There are nonetheless a few guidelines one observes when identifying a steampunk enthusiast. Victorian era clothing set off by steam powered gadgetry create the look. Often hats, goggles, corsets and tweed are featured, as well as brass buttons, pocket watches and military accoutrement. The punk aspect infuses a gypsy vibe with Alice in Wonderland nuances thrown in; and down the rabbit hole we go!

**Haworth Steampunk weekend will take place Friday 21st - 23rd November 2014** and is the vision of Nikki Carroll, Haworth resident and business owner at Firth's Boutique. The idea came to her after a visit to Whitby Goth weekend. It is the village's second venture into the world of steampunk. The convivial begins on Friday evening with a burlesque at Parkside Social Club, Haworth; Saturday and Sunday Markets at two venues, steam train rides, street performers, fashion show, tea duelling and classic vehicles. Saturday night bands at Parkside Social Club, Haworth all funds will be donated to Manorlands Hospice.

**Steampunk events are often arranged and organised using Facebook. White Rose Yorkshire Steampunks, The British Steampunk Community, Cottonopolis Coglective (Manchester Steampunks), The Lincoln Steampunk Society, are some of the most prominent groups in the UK. And of course, don't forget Haworth Steampunk.**



Photos: Andy Wilkinson @yourinframe.co.uk and John Sargent, @jackharrybill

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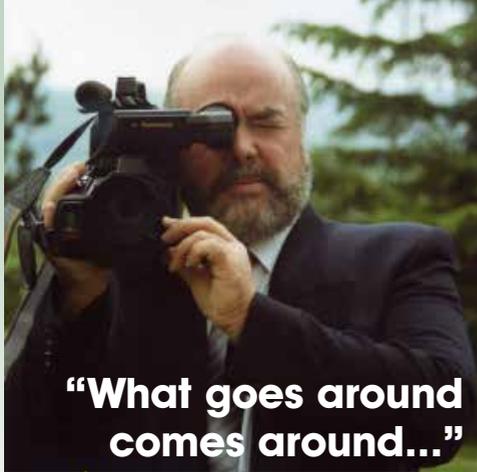
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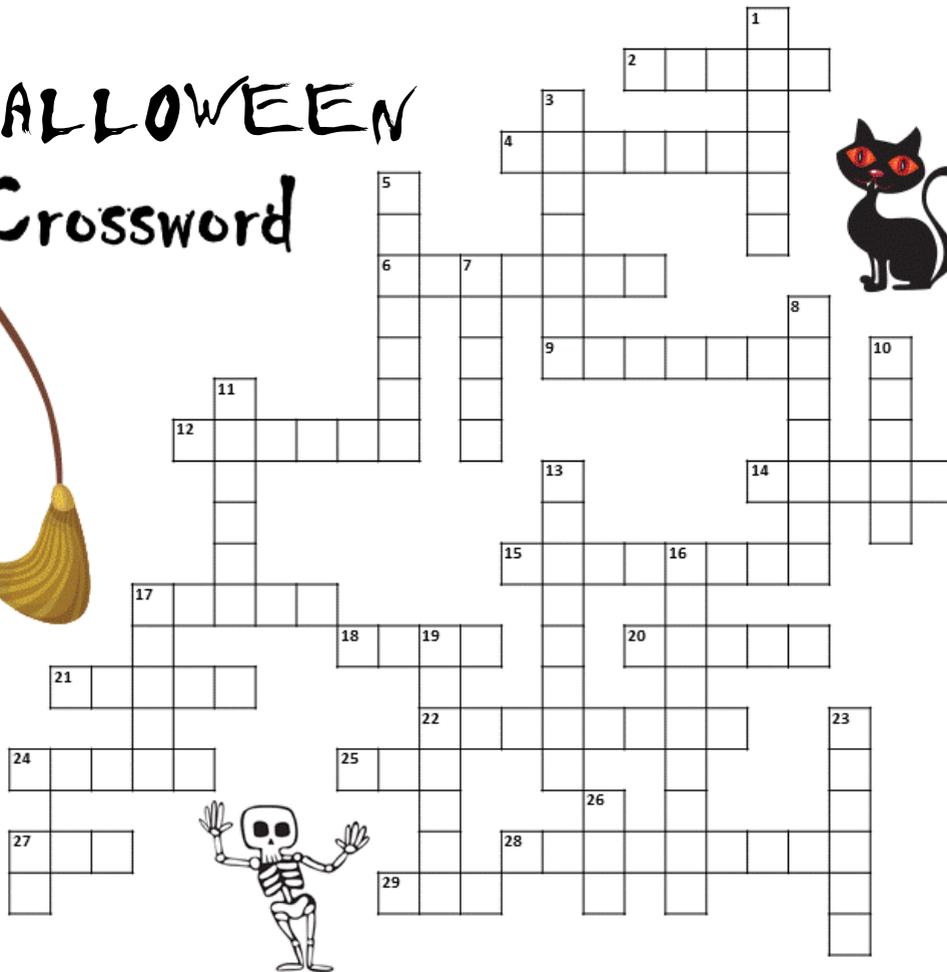
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# HALLOWEEN Crossword



## Across

- 2. Frightening
- 4. He hates garlic
- 6. Frankenstein had one
- 9. The Count
- 12. Where a vampire sleeps
- 14. \_\_\_\_ or treat
- 15. Scare
- 17. A skeleton is just a bunch of these
- 18. Mr. O'Lantern

- 20. What the pot might call the kettle
- 21. \_\_\_\_ stories
- 22. A boney sort of fellow
- 24. Found in Egypt
- 25. Lives in the belfry
- 27. Whoo? Whoo?
- 28. Playground for ghosts
- 29. What a spider spins

## Down

- 1. When something makes our skin crawl, it's this
- 3. \_\_\_\_ house
- 5. Makes a popular pie
- 7. When ghosts come out to play
- 8. Fire burn, and \_\_\_\_ bubble
- 10. Samantha for example
- 11. Evil or mischevous creature
- 13. Comes out on full moon nights
- 16. October 31st
- 17. Witch transportation
- 19. Disguise
- 23. Incey wincey is one of these
- 24. Might be full, half, or new
- 26. He swallowed the canary

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Emily Brontë*

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There is nothing like an Ordnance Survey map to give extra insight to a walk. [www.ordnancesurvey.co.uk](http://www.ordnancesurvey.co.uk) this website has loads of resources including the excellent "Map Reading Made Easy Peasy" which is great for beginners of any age.

The site also lets you make custom made maps centred on your house and look at historic maps to see how things have changed. There is also, of course, a free app for your phone. Map reading improves spatial skills, tests literacy and numeracy as well as giving you an opportunity to explore geography and history.

When you are on your walk you can use the information from the maps and your child's geography learning to spot features in the landscape. Human impact such as the development of settlements maybe around a church or along a road can be explored. You can spot physical geography features such as glaciation, or limestone pavement and how water has changed the landscape over time.

*The world is not in your books and maps, it's out there – JRR Tolkien*

Why not get the kids to make a spotting book using digital technology or pens and paper. Useful guides to birds, trees, animal tracks etc can be found in the library and help you explore the outdoors.

There are an amazing range of other map sites available all giving different insights in to your local area.

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# Easy Bonfire Toffee Recipe



This is a really easy recipe, great for those starting out in toffee making and definitely one to make with the kids.

## Ingredients

- 4oz (100g) butter
- 8oz (200g) sugar
- 4oz (100g) treacle
- 4oz (100g) golden syrup

## Method:

- 1) Melt the butter in a strong saucepan over a medium heat
- 2) Stir in the remaining ingredients (sugar, syrup & treacle)
- 3) Boil steadily without stirring until the mixture reaches the 'hard crack stage'
- 4) To test the toffee has reached the 'Hard Crack stage' drop a teaspoonful of the hot mixture into a saucer of cold water. If the toffee starts to harden then it's ready. If it doesn't, keep boiling and testing it until this stage is reached.
- 5) Pour the toffee mixture into a lightly greased baking tray and leave to cool

## Top Tip:

The longer you boil the mixture the harder the toffee will become. Make sure you boil it over a medium heat so it doesn't burn. And remember, take extra care as the mixture will be extremely hot.

For a traditional Everton toffee recipe, simply omit the treacle and use 8oz (200g) golden syrup.

Firm tradition traces Everton Toffee to Molly Bushell, a confectionery-maker of the 1760's in what was then a picturesque village outside Liverpool. The company she founded passed down through her family, to be sold in 1894 to Noble's of Liverpool, makers of Everton Mints. Everton Football Club are known as 'The Toffees', and the sweet-dispensing 'Toffee Lady' is a pre-match feature of their home games.

It is generally assumed that the original Toffee Lady was Molly Busshell herself, engaged in some promotional give-aways, "On the other hand," as the 'Toffeeweb' Everton supporters website says, "this yarn may be just so many old half-chewed toffees..." noting that Molly died in 1818, more than 60 years before the club was founded. Nowadays a sprightly girl is selected from the ranks of Everton's Supporters Club to perform the honoured task.

source: [www.foodsofengland.co.uk](http://www.foodsofengland.co.uk)



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Each row, column & 3x3 subgrid must contain the numbers 1 to 9

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Meetings are held on the **FOURTH WEDNESDAY** of every month at 6.30pm at Civic Center on North Street Keighley.

**Sept until Sat 13th Dec Haworth Ghost & Graveyard Walk.** Tour the historic graveyard beneath the belfry when the chilly east winds are still & the moor adorns her cloak of purple heather before the bleak winter return. Further details see [www.haworthghosttours.co.uk](http://www.haworthghosttours.co.uk) or call 07906242819 & mention you read it in the Aire Valley Mag.

**Fri 10th Oct - Sun 12th Oct Steam Spectacular KWVR** - Big Noisy 3 days of Festival & Steam. A great day out for all the family. [www.kwvr.co.uk](http://www.kwvr.co.uk)

**Fri 10th - Sun 12th Oct Haworth Cider & Sausage Festival** Old School Rooms, Haworth. [www.haworthbeerfestival.co.uk](http://www.haworthbeerfestival.co.uk)

**Sun 12th Oct St Stephen's Church, Steeton with Eastburn at 2.00pm** Local History Walk (centre of Steeton) Tickets £3 Tel 01535 654422 and Afternoon Teas 3.00 - 5.30pm. All proceeds to Christian Aid

**Sun 12th Oct Wuthering Hike** - 10 mile Sponsored Walk for Embrace Child Victims of Crime. Meets at **10.30 am at the Wuthering Heights Pub in Stanbury.** For more details or to register please contact Diane 07970 720 068 or email [dainewatts23@gmail.com](mailto:dainewatts23@gmail.com).

**Sun 19th Oct Steeton Film will be showing Gravity (2013 Cert. 12) at 7.30pm.** At the Community Hub, Stone Grove, Steeton. (High



Defination on a 4M wide screen]. A medical engineer and an astronaut work together to survive after a catastrophe destroys their shuttle and leaves them adrift in orbit. Tickets can be purchased from Steeton Pharmacy, Hash's Newsagents & Eastburn Stores. Films shown monthly. More info [www.steetonfilm.org](http://www.steetonfilm.org).

**Sun 19th Oct. Train rides for all the family.** Miniature trains running at **Marley sports field approx. 1.30 - 5pm**. Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. **Tickets also on sale for Bonfire night today**. Details at [www.kdmes.org.uk](http://www.kdmes.org.uk)

**Mon 20th Oct - Sat 26th Oct Go Back for Murder at Keighley Playhouse** by Agatha Christie. Call Box Office 07509 890769 or book at the Keighley Civic Centre, North Street, Keighley.

**Tues 21st Oct - Sun 26th Oct Annie** by Keighley Amateur Musical at Victoria Hall Tickets are available now. Book online or get your tickets from The Copy hop, Chappel Lane, off High Street, Keighley, or call 08456 25 25 50.

**Thurs 23rd Oct An Evening with Bridget Jones 7.30pm at Crosshills Library.** Come along and discuss the delights of Bridget Jones. Book discussion, quiz and refreshments.

Tel 0845 034 9533 or email [crosshills.library@northyorkshire.gov.uk](mailto:crosshills.library@northyorkshire.gov.uk). Tickets are £5 which include a copy of Mad about the Boy and a drink.

**Thurs 23rd - Sun 26th Oct Beer & Music Festival at the Keighley & Worth Valley Railway**

**Sat 25th Oct & Sun 26th Oct Haworth Craft Fairs** 10am - 4pm at The Old School Rooms, Haworth. More info [www.haworthcraftfairs.co.uk](http://www.haworthcraftfairs.co.uk)

**Sat 25th & Sun 26th Halloween in Haworth.** 3pm parades on both days. Fun for all the family

**Tues 28th October 2 - 3.30pm Family Learning Festival at Crosshills Library.** Morley Exotic Animal Rescue Centre followed by craft activity. £2 per tickets (purchased in advance). Limited availability. 0845 034 9433 or email [crosshills.library@northyorkshire.gov.uk](mailto:crosshills.library@northyorkshire.gov.uk).

**Thurs 30th Oct - Sat 1st Nov Jigsaw Festival at Christchurch Ilkley.** This 3 day event will host jigfest where hundreds of completed jigsaws can be persued and purchased. Other stalls will be there along with refreshments. Entrance fee of £2 covers all 3 days and a voucher of £1 towards a jigsaw purchase. 10% Proceeds towards Yorkshire Air Ambulance, ongoing restoraition of the church & Dan's Den Project.

**Fri 31st October Halloween Train at the Keighley & Worth Valley Railway**

**Saturday 1st Nov. Train rides for all the family in the dark!**

Miniature trains running at Marley sports field at our Bonfire night event. Tickets for entry and Pie and Peas supper available at open day on 19th Oct or by phoning 01274 564866. (Must be purchased by Oct 27th.) Details at [www.kdmes.org.uk](http://www.kdmes.org.uk)

**Tues 4th Nov & Fri 7th Nov 8pm The Keighley Playhouse** is throwing open its doors and holding an Open Evening. Come along and see for yourself behind the scenes, a backstage tour through the wardrobe and props departments. The bar will be open to serve refreshments.

**Tues 18th Nov Autumn in Airedale Circular 4 1/2 mile walk.** Meet Eddie Nash at 10.30am at Wesley Place car park in Silsden. A short walk circling Brunthwaite village with good views down Airedale.

**Fri 21st Nov -23rd Nov Haworth Steampunk Weekend** with Music & Entertainment all weekend.



**Glusburn Community and Arts Centre**  
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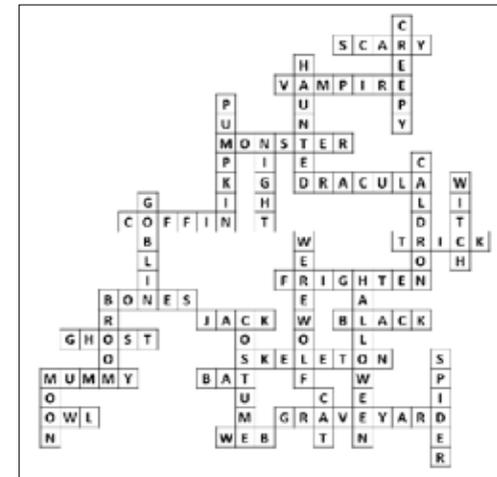
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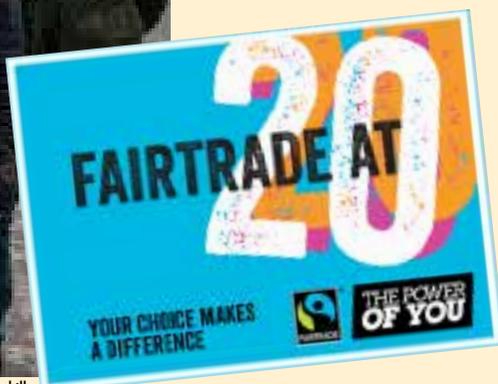


Haworth Primary School children and their families are advocates for Fairtrade in the community.

Photos: @jackharrybill

*'Fairtrade is not only a matter at the heart of Haworth but also at the heart of the community and we feel proud to be playing our part in raising awareness'*

Liam Rowbotham  
The Weaving Shed

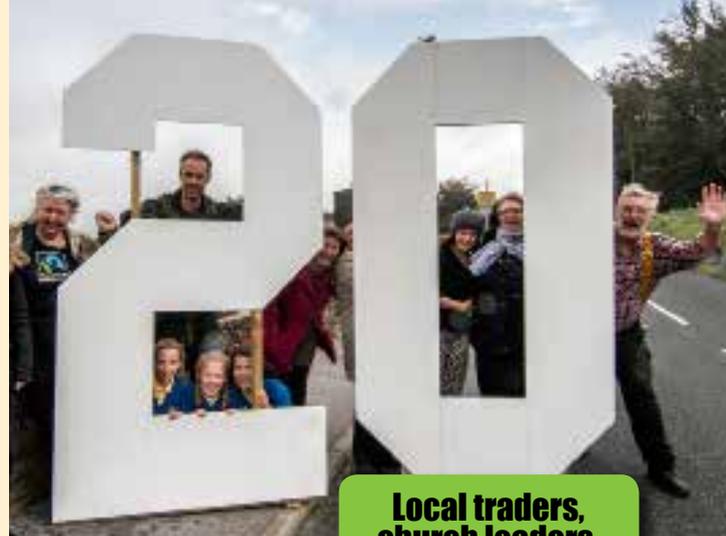


**This month Britain celebrates the 20th anniversary of the Fairtrade mark.**

**We reflect on what it means and why so many local people support the wider movement behind the label.**



Going back to basics, the Fairtrade mark was developed as a certification awarded to products which went through strict scrutiny to ensure that the producers adhered to certain criteria. For this they received an agreed fair price for their crops, plus a premium to help their community to be improved; often basic things like fresh water and school facilities were made better, or for example in a Malawi cooperative they each bought a solar panel to enable study in the evening without using unhealthy kerosene lamps.



**Local traders, church leaders, council officers and elected members celebrate Fairtrade.**

The huge difference Fairtrade made to these previously extremely poor farmers who supply our staple foods also meant that they could invest in their crops, so as a result, we receive higher quality products. Another important aspect of Fairtrade means that there can be no use of child labour 'at the expense of their education'. Without any regulation such as this the sad reality is that there are still thousands of children taken or sold by their poverty stricken parents with a promise of a better life, into slavery, working long hours every day in terrible conditions with little or no pay who will often never see their families again. Examples can be found everywhere, in the garment, rugs, coffee, banana and particularly cocoa industry where children are exposed to chemicals, handle dangerous tools and are even starved and beaten.

We can compare this with the miserable life of 'climbing boys' as young as 5 or 6 who were sweeping chimneys in Britain 150 years ago, accepted generally and encouraged by workhouse authorities it

would be unheard of today and yet we still, by not questioning the provenance of a product condone such similarly abhorrent practices. Many local schools, churches, and businesses in Keighley and the local area are helping to raise awareness of sustainable ethical practices and choose products that are

clearly labeled as such. The children at Haworth Primary school are particularly excellent Ambassadors of Fairtrade.

Many have embraced the concept and take up conscious consumer practices with their families.

Spurred on by the 20th anniversary celebrations and the fact that the village was hosting the Tour de France, two boundary signs were erected at the main entrances to Haworth earlier this year to welcome visitors and showcase that we are the World's First Fairtrade Village. Ultimately, we all 'vote' with our wallets every day by the contents of our shopping trolleys.

There are so many injustices over which we have no control but through the Fair Trade movement, we have a means of weaving this small but crucial action into our lives daily.

**Now THERE is something to celebrate.**

**Haworth Fairtrade Group**

**Learn more about the Fairtrade movement  
[www.fairtrade.org.uk](http://www.fairtrade.org.uk)**

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